Psychologists and Therapists

Specializing in autism and related disorders

How can I find a mental health therapist for my child?

1. First, call your insurance carrier and find out more about coverage for mental health services.

2. Ask them for a list of providers who accept your insurance.

3. Contact the therapists to ask if they offer the type of the treatment that was recommended by your provider and/or cross reference with any therapists names given to you by your provider.

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| State of Washington/ MEDICAID | If you have Medicaid, contact your Behavior Health Organization (BHO) for information how to access mental health services including therapy, groups, and medication management. | To contact the BHO in your area, search: Behavior Health Organization Washington State or contact your Medicaid plan and request mental health treatment information |

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| Bainbridge Island | Lifespan Psychological Services | 206-780-7782 |
|  |  |  |
|  |  |  |
| Bellevue | Kathrine Coy, PhD | 425-467-6252 |
|  |  |  |
|  | Steve Katz, PhD | 425-688-7675 |
|  | Kristi Kwon, PhD | 425-635-0665 |
|  | Laurie Slater, PhD | 425-260-7509 |
|  |  |  |
| Bellingham | Sendan Center (Northwest Autism Services) | 360-305-3275 |
|  | Ann Marie Tietjen | 360-647-2808 |
|  |  |  |
| Covington | Kent Rosengren, PhD  Mindsource Center | 253-859-3505  253-639-7146 |
|  |  |  |
| Des Moines |  |  |
|  | Alan Hume, PhD | 206-824-6262 |
|  |  |  |
| Edmonds | Craig C- Jensen, PhD | 425-743-6066 |
|  | Doni Kwak | 425-774-1112 |
|  | Grant Martin | 425-999-6285 |
|  | Nora Thompson, PhD (evaluations only, no therapy) | 425-640-6134 |
|  |  |  |
| Everett | Kathi Jackson, PhD | 425-252-9216 x409 |
|  |  |  |
| Issaquah | Earline Anderson, PhD | 425-392-0277 |
|  | Lisa Shaw, PHD | 425-681-3760 |
|  |  |  |
| Kirkland | Brad Coutts, MA | 425-822-2281 |
|  | Darrow Chan, PhD | 425-827-3019 |
|  | Stephanie Pickering, PhD | 425-576-1817 |
| Lynnwood | Nicole Bain, PhD (assessment, therapy and school consult) | 425-753-5001 |
|  | Puget Sound Autism Services | 206-617-2131 |
|  | Puget Sound Psychology and Consulting | 206-883-6175 |
|  |  |  |
| Mercer Island | Ron Feinberg, MSW | 206-236-1294 |
|  | Emily Rastall, PhD | 425-295-1705 |
|  |  |  |
| Mill Creek | Thomas Saunders, PhD | 425-745-0288 |
|  |  |  |
| Mountlake Terrace | Mariam Araujo, PhD | 206-226-9689 |
|  |  |  |
| Mount Vernon | Bridgid Collins Family Support Center | 360-428-6622 |
|  |  |  |
| Puyallup | Good Samaritan Hospital Children’s Therapy Unit | 253-697-5200 |
|  |  |  |
| Redmond | Sarah Levy, PsyD | 206-508-1266 |
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| Seattle | ABCD, Inc Behavior and Child Development | 206-361-6884 |
|  | Julie Davies, PhD | 206-718-0906 |
|  | Amy Bohlander, PhD | 206-289-0634 |
|  | Belle Chenault  Jenna Elgin, PhD | 206-465-8068  206.486.4569 |
|  | Russell Hanford | 206-409-9613 |
|  | Deborah Hill, Phd | 206-364-6565 |
|  | Yumi Hiraga, PhD- Arboretum Psychological | 206-729-2828 |
|  | Hope Central Clinic | 206-455-9845 |
|  | Angela Hungelmann, PhD - Arboretum Psychological | 206-729-2828 |
|  | Jim McKeever, PhD | 206-780-3560 |
|  | Daniel Masler, MA,MLIS,LMHCA | 206-406-2624 |
|  | Erin Olson, PhD | 206-552-0757 |
|  | Julie Osterling, PhD | 206-795-4158 |
|  | Rosalind Oti, PhD | 206-390-6781 |
|  | Karen Pavlidis, MD | 206-920-2518 |
|  | Jennifer Pelton, PhD - Arboretum Psychological | 206-729-2828 |
|  | Shiria Sherkat, PsyD | 888-274-3752 |
|  | Karen Toth, PhD | 360-220-6040 |
|  | Val Wall, PhD | 206-325-5700 |
|  | Peter Weiss | 206-245-9975 |
|  | John Whitehead, PsyD | 206-419-2902 |
|  | Nicole Wiggins, MA | 206-669-6309 |
|  | University of Washington Autism Center | 206-481-6806 |
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| Seattle / East King Co. |  |  |
|  | Cadence Family Therapy: Melani Smith, PhD | 425-629-3581 |
|  | Marieka Miller, PsyD Issaquah & Snoqualmie | 206-617-2392 |
|  | Milani Smith, PhD Issaquah & Woodinville | 206-235-0766 |
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| Snoqualmie | Beau Reilly, PhD | 206-375-5736 |
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| Tri-cities | Catholic Family Services | 509-946-4645 |
|  | Lourdes Counseling | 509-943-9104 |
|  | Lutheran Community Services | 509-735-6446 |
|  | Nueva Esperanza | 509-545-6506 |
|  |  |  |
| Woodinville | Amy Breiger, PhD | 425-481-5700 |
|  | Ann Uherek, PhD | 206-729-2101 |
|  | Daniel Salzar, PhD | 425-483-4136 |
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|  | Eastside Psychological Associates | 425-481-5700 |
|  | Jennifer Brown, MSW | 425-318-0062 |
|  | Jenny Antony, PhD | 425-481-5700 |
|  | Jolynn-Marie Wagner, PhD | 425-486-9952 |
|  | Woodinville Psychiatric | 425-481-5700 |
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| State of Washington/ MEDICAID | If you have Medicaid, contact your Behavior Health Organization (BHO) for information how to access mental health services including therapy, groups, and medication management. | To contact the BHO in your area, search: Behavior Health Organization Washington State or contact your Medicaid plan and request mental health treatment information |  |

Inclusion on this list does not imply endorsement by Seattle Children’s Hospital.

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Seattle Children’s offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children’s will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children’s. However, your child’s needs are unique. Before you act or rely upon this information, please talk with your child’s healthcare provider.

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If you find the information is outdated or incorrect, please notify [Katrina.Davis@seattlechildrens.org](mailto:Katrina.Davis@seattlechildrens.org)